The following workshops are available for \*disabled post-16s considering university. The workshops can be delivered on campus, schools/colleges or virtually. There are also scheduled workshops through the academic year which are delivered on campus and via Zoom. Details and to book a place can be found here: [Events for prospective students and applicants | Events | University of Greenwich](https://www.gre.ac.uk/events/prospective-students). All of the workshops are interactive utilising Mentimeter software.

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| Title | Content  | Mins. |
| Preparing for University | Useful information to prepare for university and realistic expectations of university life | 60/90 |
| MyStudyBar | Introduction to free learning technology which includes mindmapping, speech-to-text, text-to-speech, colour overlays and bespoke databases of vocabulary. | 60/90 |
| STEMM@uni | Academic, social and wellbeing tips for STEMM subjects in university | 60/90 |
| Know your strengths and learning style(s) | Fun quiz to determine your strengths and possibly career paths & know your learning style(s) and various strategies to match your learning style(s) |  60 |
| STAART & Wellbeing | What support is available for dyslexic and disabled learners considering university. | 60/90 |
| Thrive not Strive at University | Academic, social and wellbeing tips to get the most out of your university experience. | 60/90 |
| Postgrad@uni | Academic, social and wellbeing tips for postgraduate students | 60  |
| STAART ambassador | Student life presentation from two STAART Ambassadors and/or Graduates | 60  |
| Introduction to Notetaking and Notemaking | An introduction to notetaking and notemaking systems, methods and metaphors. Also introducing the NOTE template | 60/90 |

* Disability in nigher education includes physical disabilities; specific learning difficulties; some long-term health conditions and/or mental health conditions.

 + Coming soon Lifestyle for Learning 60/90