

	1	2	3	4	5	6
Theme	Develop self-awareness (pre-16, post-16) – wellbeing, mindset, motivation, resilience, identity	Broadening horizons and aspirations – cultural visits, campus, off site visits, inspirational speakers or resources	Understand progression and career routes (pre-16, post-16) – choices and the broader context	Understand and develop academic knowledge and soft skills (pre-16, post-16)	Higher Education information and application (pre-16, post-16) – HE insight	Make the transition (post-16)
Year 7						
Year 8						
Year 9						
Year 10						
Year 11						
Year 12						
Year 13						